



# Daphne Middleton

**Bachelor of Social Work(Hons)**  
**Graduate Diploma of Education (Secondary Arts Education)**  
**Bachelor of Arts (Fine Arts)**  
**Accredited Member Australian Association of Social Workers (AASW)**  
**Accredited Mental Health Social Worker (AASW)**  
**Registered Social Work Supervisor (AASW)**  
**Reg.Medicare Australia Provider Psychological Strategies**

## CURRICULUM VITAE

### KEY SKILLS

Qualified and accredited Senior Mental Health Social Worker/Counsellor and Educator with over 25 years experience providing Advanced Social Work and Clinical Practice, Tertiary Education/ Sessional Academic Lecturer/Field Education roles, Research and Independent Professional Development Training in Health, Social, Community-based and Tertiary Education sectors. Work experience and key skills are in:

- **External Clinical Supervision provider for the development of Social Workers, Counsellors, Domestic Violence Support Workers and other professionals** - Social Work Field Education (Edith Cowan University), Independent provider External Clinical Supervision, Professional Excellence/Consultancy skills.
- **High level communication skills to Business Management level**-Project Work and Industry based Research as Private Contractor and Project Officer/Researcher positions.
- **Tertiary Education and Training skills**-University Lecturing, Unit Coordination, Unit Review and Writing.
- **Social Work Leadership and Influencer**-Independent Consultant, Conference and Staff Team Building Facilitator/Self Care for Staff using Mindfulness Informed Art and Creativity, Private Practitioner (Mental Health Counselling) and Professional Development Trainer (Counselling Skills)
- **Complex case management advanced skills**-(Clinical) Social Work skills, Mental Health Specialty (including Child and Adolescent mental health), Child Development, Young Adult Mental Health, Industry Research Project Roles.

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## QUALIFICATIONS

2002	Honours Degree in Social Work, University of WA
1995	Bachelor Degree in Social Work, University of WA
1989	Graduate Diploma in Education (Secondary), Edith Cowan University
1981	Bachelor Degree of Arts (Fine Arts), Curtin University

## EDUCATION (Certifications & Registrations)

2017	Compassion Fatigue Specialist Therapist (Trauma Institute Canada)
2011	Social Work Supervisor, Australian Association of Social Workers (AASW)
2008	Narrative Therapy One Year Intensive Training (Cert), Dulwich Centre Adelaide SA
2007	Accredited Mental Health Social Worker, Australian Association of Social Workers (AASW) and Medicare Australia

## WORK EXPERIENCE

### Private Practitioner Roles

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**Current-2017, 2015-2007**

**Part-time Private Practitioner-Clinical & Supervision**

**18 years**

**Key Responsibilities:** Provide private mental health assessment and counselling for young adults, children, adolescents and their families. Provide Focussed Psychological Strategies and written reports for General Practitioners for the Better Access to Mental Health Medicare program (Since 2007).

Provide independent counselling skills training modules for the Professional Development of health, community and social service professionals. Independently trained numerous helping professionals in working therapeutically with children and their families, art therapy processes and Narrative Therapy.

### **Part-time External (Clinical & Social Work) Supervisor-Private Contractor**

**Key Responsibilities:** Provide independent external clinical supervision for staff providing counselling, therapeutic and case management services and for team leaders. Agencies include Domestic Violence programs, Child Disability program, Refugee support programs, War Veterans and their families counselling service, Early Intervention Social Workers, Student Counsellors at international college, Private Psychologists and Social Workers.

**2004-2001 Foster Carer Assessor****4 years**

**Key Responsibilities:** Provide assessment and recommendations to panel for volunteer foster carer recruitment for the Department for Child Protection and Wanslea Family Services.

**Education and Training Positions**

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**Current-2017 Sessional Academic-Field Education, Lecturer, Tutor****4 years**

Edith Cowan University Social Work Department (Bunbury Campus)

**Key Responsibilities:** Provide Social Work field education and field supervision to social work and social science students enrolled in third and fourth year agency placements. Provide sessional lecturing and marking student assignments.

**2015-2010 Sessional Lecturer/Unit Coordinator- Masters of Counselling****5 years**

Murdoch University Masters of Counselling Program, School of Health Sciences

**Key Responsibilities:** Design and develop Counselling Children and Adolescents Unit, design and mark assessments, coordinate unit, produce presentation materials, include Social Work and mental health perspective into course material.

**2009-2008 Sessional Lecturer**

Curtin University Department of Social Work and Social Policy and School of Health Professions.

**Key Responsibilities:** Provide teaching presentations in the Degree program for Social Work and in the Masters of Counselling program. Topics: Social Work assessments for children and adolescents, Narrative Therapy and mental health counselling.

**Independent Consultant and Training Roles-Counselling Skills, Art Therapy, Narrative Therapy & Systemic Counselling approaches**

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**2015 Consultant and Facilitator**

**Key Responsibilities:** Provide facilitation of customised professional development and team building for the Department of Child Protection and Family Services Crisis Care Unit. Design and facilitate staff art therapy projects.

**2015 Trainer and Consultant-Grant Recipient Royalties for Regions**

**Key Responsibilities:** Customise and deliver art therapy and recovery based counselling skills training to Bunbury Pathways Southwest teaching and supervising staff and 10 representatives of mental health support agencies in the Southwest. Design and facilitate a One Day Pilot Positive Psychology and Trauma Informed Art Therapy and counselling program for mental health consumers.

## **2012 Professional Development Trainer-Various agencies**

**Key Responsibilities:** Provide One Day Art Skills for Therapy Counsellor Training for Waratah Support Centre Bunbury WA, Domestic Violence service.

**Key Responsibilities:** Provide Staff Art Therapy Project and Art Skills for Therapy training for Clinical Staff of the State Child Development Centre (SCDC Paediatric Department, Health Department of WA). Design and facilitate one training course for art therapy for SCDC clinical staff and design and deliver a series of art based workshops for clinical and non-clinical staff as an agency team building art project.

## **2008 Independent Mental Health Consultant**

**Key Responsibilities:** Provide consultation to staff as required regarding mental health needs for at risk and identified students attending the Port Community Care School. Provide private counsellor role for students (2 years).

## **Clinical & Social Work Positions**

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### **2013-2004, 2001-1996 Senior Social Worker/Social Worker**

**Key Responsibilities:** Provide assessment and intervention for Child and Adolescent Mental Health (CAMHS) and Child Development for Department of Health Western Australia, Paediatric Medicine, Child Development in part-time positions & locums. Provide Advanced, complex case practice, family therapy and individual psychotherapy. Provide Social Work consultation to multi disciplinary teams. 16 years mostly part-time clinical practice, project/industry research work and social work supervision.

## **Clinical Supervisor Positions**

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### **2014-2011 Professional Excellence Advisor-Clinical Supervisor, Centrecare** 4 years

**Key Responsibilities:** Provide all aspects of professional excellence consultancy services and clinical supervision for major non-government community service provider (supervised #50+ clinical and non-clinical staff in #90 Community Service programs across #5 sites Metropolitan & Country WA). Provide clinical supervision for counsellors, intake and assessment staff, domestic violence support, housing and emergency telephone triage service, youth outreach and post prison release support workers and counsellors.

### **2001-1996 Social Work Supervisor (CAMHS), Social Work Students**

6 years

**Key Responsibilities:** Provide clinical supervision, mentoring, coaching and teaching for trainee Social Work students into the CAMHS Social Work role.

## Project Worker & Research Positions

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**2008-1998 Project Officer.** Princess Margaret Hospital, State Child Development Service, Department of Child Protection(DCP), Department of Health WA (Office of Mental Health), Independent Contracting by tenders.

### Projects:

**2008 Key Responsibilities:** Produce written report with recommendations for Statewide Child Development Services for supporting the needs of CaLD and refugee children and their families.

**2005 Key Responsibilities:** Coordinate multi-disciplinary team to input into written parent information booklet for Complex Child Development Assessments.

**2002 Key Responsibilities:** Assistant researcher Foster Carer Association and UWA: Provide research assistance to key researcher-Topic: Tracking children in care.

**2001 Key Responsibilities:** Review and apply analysis of over 100 complex case practice files from state of Western Australia regional offices for DCP, Business Improvement Section. Provide recommendations for case practice improvements.

**2000 Key Responsibilities:** Produce a manual of policy and procedure guidelines for the non-government mental health sector for Western Australian Association for Mental Health (WAAMH)

**1998 Key Responsibilities:** Provide project work support for various departments of the Department of Health Western Australia, Mental Health services such as Emergency Mental Health services, Southwest Metropolitan Mental Health Regional Services Strategic Plan, CAMHS Fremantle Strategic Plan.

## PRESENTATIONS & AUTHORSHIP

**2013** Murdoch University Masters of Counselling Program, Authored Counselling Children, Adolescents and Families Unit, Unit Coordinator Role

**2013** “From the Trauma of Abuse to the Empowerment of Children, Young People and their Families”, Presentation to Australasian Studies for Traumatic Stress Studies (ASTSS), Perth

**2011** “Playful Therapy: A process in empowerment” DCP Foster Carer’s Half Day Presentation

**2010** “Collaborative Art”, Exhibition of Collaborative Art Workshops, Collaborative Art Therapeutic Making Initiatives -“Phillimore Chambers”, Fremantle Studio and Consulting Rooms (Exhibiting art therapy process work from various Independent Professional Training Workshops (Art Skills for Therapy and Narrative Therapy & Art)

**1999** “Narrative Therapy - A Conversation about Therapist’s Narratives”, South Metropolitan Child & Adolescent Mental Health Service, Planning Day presentation.

## RELEVANT PROFESSIONAL DEVELOPMENT

**(Clinical, Psychotherapy/Counselling, Mental Health & Supervision focus)**

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**2019** Engaging parents of children and adolescents with complex mental health problems, Mental Health Professionals Network Australia, 14 hrs Online

**2017** CERTIFICATE Compassion Fatigue Specialist Therapist Training TraumaInstitute Canada, Distance Ed, 12 hours.

**2017 CERTIFICATE Trauma Informed & Positive Psychology Expressive Art Therapy**  
USA. 5 day. Distance Ed. Dr Cathy Malchiodi

**2014 Clinical Supervision for External Supervisors**, Centrecare WA. 2 day training.  
Clare Consultancy.

**2013 Understanding the Consequences of Childhood Trauma**, Richmond Fellowship  
Mental Health Recovery First, Peter Bullimore, Perth-1 Day

**2013 Intensive Solution Focussed Brief Therapy with Children - Michael Durrant -2**  
Days, Compass Training Seminars, Perth. Western Australia

**2013 Formulation Training in Child & Adolescent Mental Health Assessment and**  
**Intervention**, Child and Adolescent Mental Health, WA Health Department

**2013 Risk Management in Child and Adolescent Mental Health-One Day**, Health  
Department of Western Australia

**2011 Narrative approaches in Therapy**, Jill Freedman, USA - 1 Day

**2011 Understanding the Neurobiology of Complex Trauma-Australian**  
Childhood Foundation - 2 Days

**2011 Domestic Violence: No to Violence-Men's Behaviour Change Prevention Program**,  
Victoria - 3 Days

**2010 Enhancing Readiness and Motivation for Change in the Eating Disorders**,  
A&NZ Academy for Eating Disorders, Josie Geller - 1 Day

**2010 Medication, Psychosis and Recovery**, Richmond Fellowship WA Recovery First,  
Dr Rufus May - 1 Day

**2009 Ethical Dilemmas-Voices in the Family Law System Conference**WA Family  
Pathways Network - 1 Day

**2008 Person Centred Planning Mental Health Workshop**, Richmond Fellowship WA  
Recovery First - 2 Days

**2007 Narrative Therapy and Trauma Counselling**, Narrative Therapy in Mental  
Health. Dulwich Centre, Michael White, South Australia - 2 Days

**Pre-2007**  
Dialectic Behaviour Therapy for treatment of Borderline Personality  
Disorders, Certificate in Cognitive Behavioural Therapy for Children and  
Adolescents, Risk Analysis and Risk Management Framework Child Protection,  
Prevention & Intervention, Children & Domestic Violence, Interactional Guidance  
Treating Infant Parent Relationship Problems, Narrative Therapy Levels 1 & 2.

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